

# INOOM

K-Beauty For your pet



## Commercial Dog Food vs. Human Food for Dogs

When it comes to feeding our canine companions, the debate between commercial dog food and human food has been an ongoing topic of discussion among pet owners. While both options have their pros and cons, understanding the nutritional requirements of dogs and the potential risks associated with human food is crucial for their overall health and wellbeing.

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CARROTS

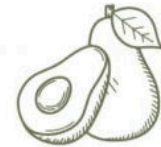


SHRIMP



EGGS

#### NO, THANKS



AVOCADO



CHOCOLATE



MUSHROOM



ALCOHOL



GARLIC



Wagsworth **MANOR**  
Pet Resort

# Nutritional Requirements of Dogs

## Protein

Dogs are omnivores and require a balanced diet that includes high-quality protein sources, such as meat, eggs, and fish, to support their muscle growth and development.

## Fats

Fats are essential for dogs, providing them with energy, promoting healthy skin and coat, and supporting brain function and immune system.

## Carbohydrates

Carbohydrates can serve as a valuable source of energy for dogs, but they should be limited to avoid potential weight gain and other health issues.

# Benefits of Commercial Dog Food

## 1 Balanced Nutrition

Commercial dog foods are formulated to provide a complete and balanced diet, ensuring that your dog receives all the necessary nutrients in the right proportions.

## 2 Convenience

Feeding your dog a commercial diet is a convenient and consistent way to ensure they are getting the proper nutrition, without the hassle of preparing homemade meals.

## 3 Quality Control

Commercial dog food manufacturers are subject to strict regulations and quality control measures, ensuring the safety and consistency of their products.

# Risks of Feeding Human Food to Dogs

## Nutritional Imbalance

Human food often lacks the specific nutrient balance that dogs require, leading to potential deficiencies or excesses that can be harmful to their health.

## Obesity and Weight Gain

Many human foods are high in fat, sugar, and calories, which can contribute to obesity and other weight-related issues in dogs if fed in excess.

## Digestive Issues

Some human foods, such as dairy products, can be difficult for dogs to digest, leading to gastrointestinal problems like vomiting, diarrhea, and abdominal discomfort.

## Toxicity Concerns

Certain human foods, such as chocolate, grapes, and onions, can be toxic to dogs and can cause serious health problems if ingested.

# Ingredients to Avoid in Human Food for Dogs



## Chocolate

Chocolate contains a compound called theobromine, which is toxic to dogs and can cause vomiting, diarrhea, and even seizures.



## Grapes and Raisins

Grapes and raisins can cause kidney failure in dogs, and even small amounts can be dangerous.



## Onions and Garlic

These foods can damage red blood cells in dogs, leading to anemia and other health problems.



## Xylitol

This artificial sweetener can cause a dangerous drop in blood sugar and liver damage in dogs.



# Transitioning from Human Food to Commercial Dog Food

## Start Slow

Gradually introduce the new commercial dog food by mixing it with the human food your dog is currently eating. This will help ease the transition and prevent digestive issues.

1

2

## Increase Commercial Food

Over the course of a week or two, gradually increase the amount of commercial dog food while decreasing the human food. This will allow your dog's digestive system to adjust.

3

## Monitor Your Dog's Response

Pay attention to your dog's behavior, appetite, and bowel movements during the transition. If you notice any signs of discomfort, consult your veterinarian.

# Balancing a Homemade Diet for Dogs

1

## Protein Sources

Include high-quality protein sources, such as lean meats, eggs, and fish, to meet your dog's protein needs.

2

## Carbohydrates

Choose complex carbohydrates like brown rice, sweet potatoes, and whole grains to provide energy and fiber.

3

## Fats and Oils

Incorporate healthy fats and oils, such as fish oil or coconut oil, to support skin, coat, and overall health.

4

## Supplementation

Consult with your veterinarian to determine if your dog requires any additional supplements to ensure a balanced homemade diet.

# Consulting a Veterinarian for Dietary Recommendations

Personalized Evaluation	Your veterinarian can assess your dog's individual needs, taking into account factors like age, breed, activity level, and any health conditions.
Nutritional Expertise	Veterinarians have specialized knowledge in animal nutrition and can provide guidance on the appropriate commercial or homemade diet for your dog.
Monitoring and Adjustments	Regular check-ups with your veterinarian can help ensure your dog's diet is meeting their nutritional requirements and make any necessary adjustments.